

TOWER LOOP



Directions to the run:

From center of Leesburg, take Highway Rt. 7 West, approximately 20 miles (passed Round Hill and Bluemont).

Climb the hill (Snicker's Gap) – in your car, that is.

Look for the flashing yellow sign to indicate Rt. 601.

Turn left onto Rt. 601 (Blueridge Mountain Road).

Take an immediate right into the parking area that parallels Route 7.

Description of run:

A club favorite for a weeknight trail run. Five plus miles of hilly, scenic Appalachian Trail, right off of Route 7, starting at the top of Snicker's Gap. Enjoy the overlook from Raven Rocks (also referred to as Crescent Rocks).

Hill Rating: 4 (major hill workout)

Surface: T (mostly trails)

Route: 5.24 miles

Starting at the top of the Blue Ridge in the parking area at the intersection of Blueridge Mountain Road and Route 7, head south onto the trail and follow to the Appalachian Trail.

Make a right onto the Appalachian Trail and head north to Route 7.

Cross Route 7 and re-enter the trail at the parking area at the intersection of Pine Grove Road and Route 7.

Follow the AT north past the VA / WV state boundary, then past Raven Rocks, to an open area where two trails merge.

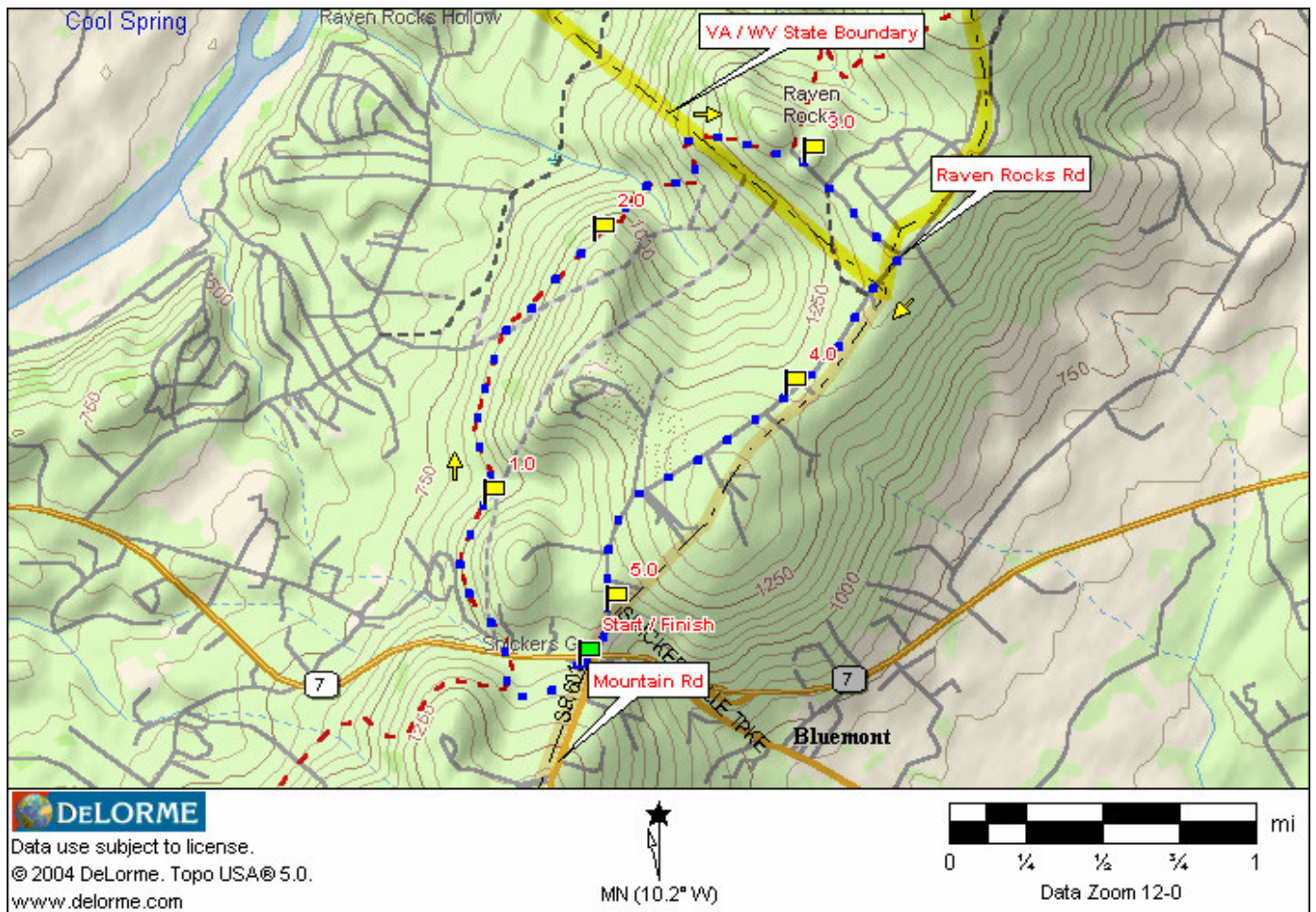
Make a right onto the trail that will take you past the tower and follow the gravel road to Raven Rocks Road.

Make a right onto Raven Rocks Road and follow it to Route 7.

Cross Route 7 and head back to the parking area.

(see map on next page)

Map of run:



Elevation:

